

# Dana Bowman

## Speaking Topics

**Dana's presentations will inspire and transform the audience as they rediscover their abilities and aspire to new leadership roles.**

**The benefits for your organization will be:**

- A breakthrough in your ability to lead
- A unique opportunity to acquire excellence
- A vision for the future of your team and business
- A greater ability to produce and achieve results
- A deeper connection with your self and the world around you
- Increased confidence in what you do and need to accomplish
- Skill development that will impact your business growth immediately

Dana topics include: team-building, leadership development, health and wellness, overcoming adversity, mastering change, fostering a safe and positive work environment, drug and alcohol awareness, goal setting and motivation.

Some of Dana's more popular topics include:

### **1. It's not the Disability; It's the Ability**

We all have myriad disabilities. As a living example himself, Dana shows us how to focus on what we can accomplish, and encourages the physically challenged and the able-bodied to achieve their goals—no matter how wonderfully large or seemingly small. As Dana's highly personal and passionately told story illustrates, abilities are endless. Disabilities are nonexistent.

### **2. Conquering Adversity**

At some time—at many times—we face adversity. Overcoming adversity seems easy for some, harder for others. Dana, who has persistently, gracefully, and triumphantly overcome adversity after losing his legs, will help each individual audience member overcome their own challenges as well, through discipline and a deep belief in their own power to succeed.

### **3. Mastering Change: The only constant**

Change is an unavoidable constant. Usually, change comes in small, continuous, and at times insidious adjustments to our reality: new information; a new job; a new client. Sometimes, as it did for Dana Bowman, change arrives all at once, with unspeakable force—an entire life forever altered. Learn from a man whose body, career, and perspective changed irrevocably in a split second. Become forever inspired by his determination to regain his life and reclaim his abilities. Dana's story teaches us all to accept change—and accept only greatness!

For media inquiries and speaking engagements, please contact Dana at [danabowman@aol.com](mailto:danabowman@aol.com) or 817-597-1826